

SESSION 6: SPIRITUAL DISCIPLINES, PART 1



You may decide to facilitate a whole-group discussion, divide into smaller groups, or pair people up to answer the session discussion questions.



You may have time to invite each pair or group to summarize their discussion for the whole group at the conclusion of discussion times. You may want to collect brainstormed activities on a whiteboard or easel pad.



DIGGING INTO GOD'S WORD

Reflect on the following based in Deuteronomy 6:1-9...

1. How does this command support that God designed faith development as a family activity?

2. How have the activities described in these verses been, or not been, encouraged in your growing up household and in your current household?

3. What need do you see in our culture for Christ's followers to desire anew to understand and obey these words of God? Why do our household members need to be "sharpened"?

4. What challenges do you experience or foresee experiencing in living out these actions? What would be helpful in fulfilling these words?



EVALUATING SURVEY FINDINGS RELATED TO SPIRITUAL DISCIPLINES (Praying together daily and read the Bible together weekly)

1. From the “Activities Chart”, which nonspiritual activities are favorites in your household?

2. Which of these nonspiritual activities would you like to spend more time doing together?

3. Who were people in your extended household when you were younger that impacted your faith life?

4. Who are a few people you would like to have more connected to your household?

5. How could you impact the spiritual vibrancy of extended households of which you are a part?



Non-Spiritual Household Activities

